

# WELLNESS DIRECTOR

## JOB DESCRIPTION

**Responsible to:** Camp Director

**General Responsibilities:**

- Help prepare individuals for camp, and camp for individuals. The focus is largely toward campers, but in some cases the same can be done for staff.
- Facilitate and care for campers at risk by preparing wellness plans to help them succeed through their week of camp.
- Model a Christ-like spirit in social relationships, in attitudes towards campers, staff and camp responsibilities, and in whole manner of life.
- Personally prepare yourself emotionally, mentally, physically, spiritually and socially.

**Specific Responsibilities:**

***Pre-camp***

- Read the materials and complete all required projects received from the Camp.
- Provide the Director with 'need to know' information regarding personal choices or struggles that may affect your level of care/competence - especially with regard to time spent with or around campers.
- Scrutinize the registration file and flag campers with special needs or concerns that show that they could be at risk.
- Call the parents of each of these campers to build an information base by which to create of action plans as needed.

***Camp Training***

- Take part in Leadership Training Camp, when possible, getting to know the staff.
- Participate as a team player, showing respect and care to other members.
- Become fully acquainted with facilities, grounds and emergency procedures.

***During Camp***

- Though the Wellness Director has a fairly wide area of interest when it comes to children or youth having difficulty with peers for various reasons, he/she will take a special interest in those who are often targeted by bullies, show symptoms of abuse, are self-harming, have high anxiety, depression, or show aggression to others.
- Parents should be consulted in the development of plans. Plans can include any of the following (examples only): specific cabin mates, cabin leader placement, support worker placement, regular contact with parents and on-site staff, camper visits with the Wellness Director and follow-up.
- Work through intervention and resolution as necessary.
- Where campers work against each other, favor the success of both.
- Provide support in all areas of camp to ensure a healthy and safe camp environment for participants and staff, physically, socially, and emotionally.
- Record keeping and general health for campers and staff will be a constant concern for the Wellness Director.
- Keep all information and records to the highest degree of confidentiality, and only share the information or plans with other staff on a "need to know basis".